



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Gropp, Ramona

Total time: 17:27

Number: 177

Speed: 10.32 km/h

Running performance: 5:17 min/km

Course: 3.30 km

Rank in course/Total: 58 (of 95)

1 Runde 3,3 km

Rank in course/Women: 16 (of 41)

Best time in course: 13:58

Category:

Rank in category: 1(of 1)

Seniorinnen W50

Best time in the category: 17:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	17:27	5:17	1	-	16	3:29	3.30	17:27	5:17	1	-	16	3:29