



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Engelmann, Tobias

Club: LV Altstadt 98 Nordhausen
 Number: 133

Course: 3.30 km
 1 Runde 3,3 km

Category:
 männliche Jugend U16 (14 und 15 Jahre)

Total time: 14:38
 Speed: 12.30 km/h
 Running performance: 4:26 min/km
 Rank in course/Total: 25 (of 95)
 Rank in course/Men: 23 (of 54)
 Best time in course: 10:59
 Rank in category: 6(of 9)
 Best time in the category: 11:18

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	14:38	4:26	6	3:20	23	3:39	3.30	14:38	4:26	6	3:20	23	3:39