



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Igla, Lukas

Club: LV Altstadt 98 Nordhausen e.V.
 Number: 121

Course: 3.30 km
 1 Runde 3,3 km

Category:
 männliche Jugend U16 (14 und 15 Jahre)

Total time: 13:29

Speed: 13.35 km/h
 Running performance: 4:05 min/km

Rank in course/Total: 13 (of 95)

Rank in course/Men: 12 (of 54)

Best time in course: 10:59

Rank in category: 3(of 9)

Best time in the category: 11:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	13:29	4:05	3	2:11	12	2:30	3.30	13:29	4:05	3	2:11	12	2:30