



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Luckner, Maik

Club: Frohe Zukunft Nordhausen e.V.
Number: 162

Course: 3.30 km
1 Runde 3,3 km

Category:
männliche Kinder U12 (10 und 11 Jahre)

Total time: 18:41

Speed: 9.63 km/h
Running performance: 5:40 min/km

Rank in course/Total: 69 (of 95)

Rank in course/Men: 46 (of 54)

Best time in course: 10:59

Rank in category: 9(of 11)

Best time in the category: 12:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	18:41	5:39	9	6:11	46	7:42	3.30	18:41	5:39	9	6:11	46	7:42