



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Ehrhardt, Andreas

Club: MTV Niedersachswerfen e.V.
Number: 107

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M35

Total time: 14:06

Speed: 12.77 km/h
Running performance: 4:16 min/km

Rank in course/Total: 21 (of 95)

Rank in course/Men: 20 (of 54)

Best time in course: 10:59

Rank in category: 2(of 2)

Best time in the category: 13:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	14:06	4:16	2	0:32	20	3:07	3.30	14:06	4:16	2	0:32	20	3:07