



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Markart, Lea

Club: Frohe Zukunft Nordhausen e.V.
Number: 161

Course: 3.30 km
1 Runde 3,3 km

Category:
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 18:34

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 68 (of 95)
Rank in course/Women: 23 (of 41)
Best time in course: 13:58

Rank in category: 5(of 9)
Best time in the category: 15:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	18:34	5:37	5	3:16	23	4:36	3.30	18:34	5:37	5	3:16	23	4:36