



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Rauhe, Marco

Number: 291

Course: 3.30 km

1 Runde 3,3 km

Category:

Senioren M35

Total time: 13:34

Speed: 14.59 km/h

Running performance: 4:07 min/km

Rank in course/Total: 15 (of 95)

Rank in course/Men: 15 (of 54)

Best time in course: 10:59

Rank in category: 1(of 2)

Best time in the category: 13:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-	-
Finish	3.30	13:34	4:06	1	-	15	2:35	3.30	13:34	4:06	1	-	15	2:35	