



9. Nordhäuser Citylauf  
 Nordhausen / 15.09.2013

Detailed evaluation

Plüger, Claudia

Total time: 17:15

Number: 292

Speed: 10.43 km/h

Running performance: 5:14 min/km

Course: 3.30 km

Rank in course/Total: 55 (of 95)

1 Runde 3,3 km

Rank in course/Women: 13 (of 41)

Best time in course: 13:58

Category:

Rank in category: 2(of 3)

Seniorinnen W35

Best time in the category: 15:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	17:15	5:13	2	2:09	13	3:17	3.30	17:15	5:13	2	2:09	13	3:17