



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Blümel, Aaron

Total time: 11:18

Number: 184

Speed: 15.93 km/h

Running performance: 3:25 min/km

Course: 3.30 km

Rank in course/Total: 5 (of 95)

1 Runde 3,3 km

Rank in course/Men: 5 (of 54)

Best time in course: 10:59

Category:

Rank in category: 1(of 9)

männliche Jugend U16 (14 und 15 Jahre)

Best time in the category: 11:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-	-
Finish	3.30	11:18	3:25	1	-	5	0:19	3.30	11:18	3:25	1	-	5	0:19	