



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Belz, Pauline

Club: Löwentorschule Bleicherode
Number: 145

Course: 3.30 km
1 Runde 3,3 km

Category:
weibliche Kinder U12 (10 und 11 Jahre)

Total time: 17:13

Speed: 10.45 km/h
Running performance: 5:13 min/km

Rank in course/Total: 54 (of 95)
Rank in course/Women: 12 (of 41)
Best time in course: 13:58

Rank in category: 4(of 6)
Best time in the category: 14:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	17:13	5:13	4	2:26	12	3:15	3.30	17:13	5:13	4	2:26	12	3:15