



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Kassner, Uwe

Club: Göttingen
Number: 142

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M55

Total time: 12:41

Speed: 14.19 km/h
Running performance: 3:50 min/km

Rank in course/Total: 9 (of 95)

Rank in course/Men: 9 (of 54)

Best time in course: 10:59

Rank in category: 1(of 3)

Best time in the category: 12:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	12:41	3:50	1	-	9	1:42	3.30	12:41	3:50	1	-	9	1:42