



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Wichmann, Vanessa

Club: MTV Niedersachswerfen e.V.  
Number: 108

Course: 3.30 km  
1 Runde 3,3 km

Category:  
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 18:45

Speed: 9.60 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 70 (of 95)  
Rank in course/Women: 24 (of 41)  
Best time in course: 13:58

Rank in category: 6(of 9)  
Best time in the category: 15:18

Intermediate times

Stage score

Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|            |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Rundenzeit | 3.25        | fehlt!        | -               | -           | -              | -            | -               | 3.25          | -             | -               | -           | -              | -            | -               |
| Finish     | 3.30        | 18:45         | 5:40            | 6           | 3:27           | 24           | 4:47            | 3.30          | 18:45         | 5:40            | 6           | 3:27           | 24           | 4:47            |