



9. Nordhäuser Citylauf  
 Nordhausen / 15.09.2013

Detailed evaluation

Rensing, Franz

Number: 191

Course: 3.30 km

1 Runde 3,3 km

Category:

männliche Jugend U14 (12 und 13 Jahre)

Total time: 13:31

Speed: 13.32 km/h

Running performance: 4:06 min/km

Rank in course/Total: 14 (of 95)

Rank in course/Men: 14 (of 54)

Best time in course: 10:59

Rank in category: 3(of 8)

Best time in the category: 12:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	13:31	4:05	3	1:04	14	2:32	3.30	13:31	4:05	3	1:04	14	2:32