



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Simon, Vinja

Total time: 18:28

Number: 155

Speed: 9.75 km/h

Running performance: 5:36 min/km

Course: 3.30 km

Rank in course/Total: 67 (of 95)

1 Runde 3,3 km

Rank in course/Women: 22 (of 41)

Best time in course: 13:58

Category:

Rank in category: 3(of 7)

weibliche Jugend U16 (14 und 15 Jahre)

Best time in the category: 13:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-	-
Finish	3.30	18:28	5:35	3	4:30	22	4:30	3.30	18:28	5:35	3	4:30	22	4:30	