



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Engelmann, Wolfram

Club: LV Altstadt 98 Nordhausen
Number: 131

Course: 3.30 km
1 Runde 3,3 km

Category:
Senioren M50

Total time: 13:53

Speed: 12.97 km/h
Running performance: 4:13 min/km

Rank in course/Total: 18 (of 95)

Rank in course/Men: 18 (of 54)

Best time in course: 10:59

Rank in category: 1(of 1)

Best time in the category: 13:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	13:53	4:12	1	-	18	2:54	3.30	13:53	4:12	1	-	18	2:54