



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Meschkutat, Claudia

Number: 190

Course: 3.30 km

1 Runde 3,3 km

Category:

Seniorinnen W35

Total time: 19:35

Speed: 9.19 km/h

Running performance: 5:56 min/km

Rank in course/Total: 76 (of 95)

Rank in course/Women: 28 (of 41)

Best time in course: 13:58

Rank in category: 3(of 3)

Best time in the category: 15:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	19:35	5:56	3	4:29	28	5:37	3.30	19:35	5:56	3	4:29	28	5:37