



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Heintze, Annika

Club: Hainichläufer
 Number: 138

Course: 3.30 km
 1 Runde 3,3 km

Category:
 weibliche Jugend U14 (12 und 13 Jahre)

Total time: 17:35
 Speed: 10.24 km/h
 Running performance: 5:20 min/km
 Rank in course/Total: 59 (of 95)
 Rank in course/Women: 17 (of 41)
 Best time in course: 13:58
 Rank in category: 4(of 9)
 Best time in the category: 15:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	17:35	5:19	4	2:17	17	3:37	3.30	17:35	5:19	4	2:17	17	3:37