



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Bonnet, Chris

Club: Frohe Zukunft Nordhausen e.V.  
Number: 174

Course: 3.30 km  
1 Runde 3,3 km

Category:  
männliche Jugend U20 (18 und 19 Jahre)

Total time: 16:24

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 45 (of 95)

Rank in course/Men: 36 (of 54)

Best time in course: 10:59

Rank in category: 1(of 1)

Best time in the category: 16:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	16:24	4:58	1	-	36	5:25	3.30	16:24	4:58	1	-	36	5:25