



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Ehrhardt, Bettina

Club: MTV Niedersachswerfen e.V.  
Number: 114

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Seniorinnen W30

Total time: 16:37

Speed: 10.83 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 48 (of 95)  
Rank in course/Women: 10 (of 41)  
Best time in course: 13:58

Rank in category: 1(of 1)  
Best time in the category: 16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	16:37	5:02	1	-	10	2:39	3.30	16:37	5:02	1	-	10	2:39