



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Rausch, Robert

Club: Plasma Service Europe GmbH
 Number: 151

Course: 3.30 km
 1 Runde 3,3 km

Category:
 männliche Jugend U14 (12 und 13 Jahre)

Total time: 15:19

Speed: 11.75 km/h
 Running performance: 4:38 min/km

Rank in course/Total: 36 (of 95)

Rank in course/Men: 31 (of 54)

Best time in course: 10:59

Rank in category: 4(of 8)

Best time in the category: 12:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-	-
Finish	3.30	15:19	4:38	4	2:52	31	4:20	3.30	15:19	4:38	4	2:52	31	4:20	