



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Chour, Stefan

Club: Grundschule Niedersalza
 Number: 105

Course: 3.30 km
 1 Runde 3,3 km

Category:
 Männer

Total time: 14:38

Speed: 13.53 km/h
 Running performance: 4:26 min/km

Rank in course/Total: 26 (of 95)

Rank in course/Men: 23 (of 54)

Best time in course: 10:59

Rank in category: 3(of 4)

Best time in the category: 11:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	14:38	4:26	3	3:28	23	3:39	3.30	14:38	4:26	3	3:28	23	3:39