



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Probst, Stefan

Club: Nordhausen

Number: 220

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M50

Total time: 27:21

Speed: 14.48 km/h

Running performance: 4:08 min/km

Rank in course/Total: 9 (of 44)

Rank in course/Men: 9 (of 36)

Best time in course: 21:12

Rank in category: 2(of 4)

Best time in the category: 26:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	13:11	3:59	2	0:15	8	2:32	3.30	13:11	3:59	2	0:15	23	
Finish	3.30	14:10	4:17	2	0:54	11	3:52	6.60	27:21	4:08	2	1:09	9	6:09