



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Ende, Christian

Number: 237

Course: 6.60 km
 2 Runden 6,6 km

Category:
 Senioren M35

Total time: 27:54

Speed: 12.90 km/h

Running performance: 4:14 min/km

Rank in course/Total: 11 (of 44)

Rank in course/Men: 11 (of 36)

Best time in course: 21:12

Rank in category: 2(of 5)

Best time in the category: 26:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	13:42	4:09	2	0:25	11	3:03	3.30	13:42	4:09	2	0:25	22		
Finish	3.30	14:12	4:18	2	0:53	12	3:54	6.60	27:54	4:13	2	1:18	11	6:42	