



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Ende, Christian

Number: 237

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M35

Total time: 27:54

Speed: 14.19 km/h

Running performance: 4:14 min/km

Rank in course/Total: 11 (of 44)

Rank in course/Men: 11 (of 36)

Best time in course: 21:12

Rank in category: 2(of 5)

Best time in the category: 26:36

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Rundenzeit | 3.30 | 13:42 | 4:09 | 2 | 0:25 | 11 | 3:03 | 3.30 | 13:42 | 4:09 | 2 | 0:25 | 22 | |
| Finish | 3.30 | 14:12 | 4:18 | 2 | 0:53 | 12 | 3:54 | 6.60 | 27:54 | 4:13 | 2 | 1:18 | 11 | 6:42 |