



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Körber, Daniel

Number: 235

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M30

Total time: 32:10

Speed: 11.19 km/h

Running performance: 4:52 min/km

Rank in course/Total: 24 (of 44)

Rank in course/Men: 24 (of 36)

Best time in course: 21:12

Rank in category: 2(of 3)

Best time in the category: 21:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	15:53	4:48	2	5:14	22	5:14	3.30	15:53	4:48	2	5:14	20	
Finish	3.30	16:17	4:56	2	5:33	23	5:59	6.60	32:10	4:52	2	10:47	24	10:58