



9. Nordhäuser Citylauf  
 Nordhausen / 15.09.2013

Detailed evaluation

Hoffmann, Kasten

Number: 363

Course: 9.90 km  
 3 Runden 9,9 km

Category:  
 Senioren M35

Total time: 39:52

Speed: 13.55 km/h  
 Running performance: 4:02 min/km

Rank in course/Total: 17 (of 78)

Rank in course/Men: 17 (of 68)

Best time in course: 31:53

Rank in category: 2(of 6)

Best time in the category: 38:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	13:18	4:01	2	0:03	21	2:25	3.30	13:18	4:01	1	-	33		
Rundenzeit	3.30	13:20	4:02	1	-	14	2:58	6.60	26:38	4:02	1	-	33		
Finish	3.30	13:14	4:00	1	-	12	2:36	9.90	39:52	4:01	2	1:43	17	7:59	