



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Raabe, Johannes

Number: 354

Course: 9.90 km
 3 Runden 9,9 km

Category:
 Männer

Total time: 31:53

Speed: 16.94 km/h

Running performance: 3:13 min/km

Rank in course/Total: 1 (of 78)

Rank in course/Men: 1 (of 68)

Best time in course: 31:53

Rank in category: 1(of 16)

Best time in the category: 31:53

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	10:53	3:17	1	-	1	-	3.30	10:53	3:17	2	-	38	-
Rundenzeit	3.30	10:22	3:08	1	-	1	-	6.60	21:15	3:13	2	-	38	-
Finish	3.30	10:38	3:13	1	-	1	-	9.90	31:53	3:13	1	-	1	-