



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Wiemann, Thomas

Club: VfL 28 Ellrich

Number: 332

Course: 9.90 km

3 Runden 9,9 km

Category:

Männer

Total time: 37:26

Speed: 14.43 km/h

Running performance: 3:47 min/km

Rank in course/Total: 5 (of 78)

Rank in course/Men: 5 (of 68)

Best time in course: 31:53

Rank in category: 3(of 16)

Best time in the category: 31:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	12:03	3:39	2	1:10	4	1:10	3.30	12:03	3:39	3			41	
Rundenzeit	3.30	12:39	3:50	3	2:17	5	2:17	6.60	24:42	3:44	3	0:07		41	
Finish	3.30	12:44	3:51	3	2:06	5	2:06	9.90	37:26	3:46	3	5:33		5	5:33