



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Goepperny, Kirstin

Number: 239

Course: 6.60 km
 2 Runden 6,6 km

Category:
 Seniorinnen W40

Total time: 37:39

Speed: 9.56 km/h
 Running performance: 5:42 min/km

Rank in course/Total: 38 (of 44)

Rank in course/Women: 7 (of 8)

Best time in course: 34:20

Rank in category: 1(of 1)

Best time in the category: 37:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	19:03	5:46	1	-	5	2:26	3.30	19:03	5:46	1	-	2	1:01
Finish	3.30	18:36	5:38	1	-	5	0:56	6.60	37:39	5:42	1	-	7	3:19