



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Krauel-Kaufmann, Marion

Club: LTV Obereichsfeld

Number: 317

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W40

Total time: 42:45

Speed: 13.89 km/h

Running performance: 4:19 min/km

Rank in course/Total: 32 (of 78)

Rank in course/Women: 2 (of 10)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 42:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	14:08	4:16	1	-	2	0:43	3.30	14:08	4:16	1	-	1	-
Rundenzeit	3.30	14:14	4:18	1	-	2	0:03	6.60	28:22	4:17	1	-	1	-
Finish	3.30	14:23	4:21	1	-	2	0:22	9.90	42:45	4:19	1	-	2	1:08