



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Bauckmeier, Steffen

Club: Berlin
Number: 337

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M45

Total time: 40:12

Speed: 13.43 km/h
Running performance: 4:04 min/km

Rank in course/Total: 20 (of 78)

Rank in course/Men: 20 (of 68)

Best time in course: 31:53

Rank in category: 5(of 10)

Best time in the category: 38:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-	-
Rundenzeit	3.30	fehlt!	-	-	-	-	-	6.60	-	-	-	-	-	-	-
Finish	3.30	40:12	12:10	8	27:21	58	29:34	9.90	40:12	4:03	5	1:57	20	8:19	