



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

König, Christian

Number: 357

Course: 9.90 km
 3 Runden 9,9 km

Category:
 Männer

Total time: 41:36

Speed: 12.98 km/h
 Running performance: 4:12 min/km

Rank in course/Total: 27 (of 78)

Rank in course/Men: 27 (of 68)

Best time in course: 31:53

Rank in category: 6(of 16)

Best time in the category: 31:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	13:25	4:03	6	2:32	22	2:32	3.30	13:25	4:03	6	1:21	52	
Rundenzeit	3.30	14:12	4:18	5	3:50	25	3:50	6.60	27:37	4:11	6	3:02	52	
Finish	3.30	13:59	4:14	5	3:21	21	3:21	9.90	41:36	4:12	6	9:43	27	9:43