



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser

Number: 325

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M60

Total time: 41:15

Speed: 13.09 km/h

Running performance: 4:10 min/km

Rank in course/Total: 23 (of 78)

Rank in course/Men: 23 (of 68)

Best time in course: 31:53

Rank in category: 1(of 2)

Best time in the category: 41:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-	-
Rundenzeit	3.30	fehlt!	-	-	-	-	-	6.60	-	-	-	-	-	-	-
Finish	3.30	41:15	12:30	1	-	59	30:37	9.90	41:15	4:09	1	-	23	9:22	