



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser
Number: 325

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M60

Total time: 41:15

Speed: 13.09 km/h
Running performance: 4:10 min/km

Rank in course/Total: 23 (of 78)

Rank in course/Men: 23 (of 68)

Best time in course: 31:53

Rank in category: 1(of 2)

Best time in the category: 41:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 3.30 | - | - | - | - | - | - | - |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 6.60 | - | - | - | - | - | - | - |
| Finish | 3.30 | 41:15 | 12:30 | 1 | - | 59 | 30:37 | 9.90 | 41:15 | 4:09 | 1 | - | 23 | 9:22 | |