



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Witzel, Florian

Total time: 32:26

Number: 243

Speed: 11.10 km/h

Running performance: 4:55 min/km

Course: 6.60 km

Rank in course/Total: 26 (of 44)

2 Runden 6,6 km

Rank in course/Men: 26 (of 36)

Best time in course: 21:12

Category:

Rank in category: 5(of 5)

männliche Jugend U18 (16 und 17 Jahre)

Best time in the category: 21:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:30	5:00	5	5:36	24	5:51	3.30	16:30	5:00	4	5:36	9	0:21
Finish	3.30	15:56	4:49	5	5:38	21	5:38	6.60	32:26	4:54	5	11:14	26	11:14