



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Witzel, Florian

Number: 243

Course: 6.60 km
2 Runden 6,6 km

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 32:26

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 26 (of 44)

Rank in course/Men: 26 (of 36)

Best time in course: 21:12

Rank in category: 5(of 5)

Best time in the category: 21:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	16:30	5:00	5	5:36	24	5:51	3.30	16:30	5:00	4	5:36	9	0:21
Finish	3.30	15:56	4:49	5	5:38	21	5:38	6.60	32:26	4:54	5	11:14	26	11:14