



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Mysliski, Denis

Club: Team Hagentor
Number: 202

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M35

Total time: 31:00

Speed: 12.77 km/h
Running performance: 4:42 min/km

Rank in course/Total: 19 (of 44)

Rank in course/Men: 19 (of 36)

Best time in course: 21:12

Rank in category: 3(of 5)

Best time in the category: 26:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	15:24	4:40	3	2:07	17	4:45	3.30	15:24	4:40	4	2:07	5	
Finish	3.30	15:36	4:43	3	2:17	17	5:18	6.60	31:00	4:41	3	4:24	19	9:48