



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Schulze, Claudia

Number: 373

Course: 9.90 km
3 Runden 9,9 km

Category:
Seniorinnen W30

Total time: 45:37

Speed: 11.84 km/h
Running performance: 4:37 min/km

Rank in course/Total: 49 (of 78)

Rank in course/Women: 3 (of 10)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 45:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	14:55	4:31	1	-	3	1:30	3.30	14:55	4:31	1	-	3	0:47
Rundenzeit	3.30	15:11	4:36	1	-	3	1:00	6.60	30:06	4:33	1	-	3	1:44
Finish	3.30	15:31	4:42	1	-	3	1:30	9.90	45:37	4:36	1	-	3	4:00