



9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

Detailed evaluation

Wiemann, Anna

Club: Ellrich
Number: 358

Course: 9.90 km
3 Runden 9,9 km

Category:
Frauen

Total time: 46:38

Speed: 11.58 km/h
Running performance: 4:43 min/km

Rank in course/Total: 52 (of 78)

Rank in course/Women: 4 (of 10)

Best time in course: 41:37

Rank in category: 2(of 2)

Best time in the category: 41:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	14:55	4:31	2	1:30	3	1:30	3.30	14:55	4:31	2	1:30	3	0:47
Rundenzeit	3.30	15:35	4:43	2	1:24	4	1:24	6.60	30:30	4:37	2	2:54	4	2:08
Finish	3.30	16:08	4:53	2	2:07	4	2:07	9.90	46:38	4:42	2	5:01	4	5:01