



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Schmidt, Gerald

Number: 348

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M55

Total time: 39:36

Speed: 13.64 km/h  
Running performance: 4:00 min/km

Rank in course/Total: 16 (of 78)

Rank in course/Men: 16 (of 68)

Best time in course: 31:53

Rank in category: 1(of 5)

Best time in the category: 39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	12:55	3:54	1	-	12	2:02	3.30	12:55	3:54	2	-	9	-
Rundenzeit	3.30	13:12	4:00	1	-	12	2:50	6.60	26:07	3:57	2	-	9	-
Finish	3.30	13:29	4:05	1	-	15	2:51	9.90	39:36	4:00	1	-	16	7:43