



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Zennecke, Bernd

Number: 374

Course: 9.90 km
 3 Runden 9,9 km

Category:
 Senioren M60

Total time: 47:02

Speed: 11.48 km/h
 Running performance: 4:45 min/km

Rank in course/Total: 53 (of 78)

Rank in course/Men: 49 (of 68)

Best time in course: 31:53

Rank in category: 2(of 2)

Best time in the category: 41:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 3.30 | - | - | - | - | - | - |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 6.60 | - | - | - | - | - | - |
| Finish | 3.30 | 47:02 | 14:15 | 2 | 5:47 | 65 | 36:24 | 9.90 | 47:02 | 4:45 | 2 | 5:47 | 49 | 15:09 |