



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Gille, Wiegbert

Number: 369

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M55

Total time: 50:30

Speed: 10.69 km/h

Running performance: 5:06 min/km

Rank in course/Total: 64 (of 78)

Rank in course/Men: 58 (of 68)

Best time in course: 31:53

Rank in category: 5(of 5)

Best time in the category: 39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-	-
Rundenzeit	3.30	fehlt!	-	-	-	-	-	6.60	-	-	-	-	-	-	-
Finish	3.30	50:30	15:18	5	37:01	66	39:52	9.90	50:30	5:06	5	10:54	58	18:37	