



# 9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

## Detailed evaluation

Schulz, Uwe

Number: 351

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M50

Total time: 50:35

Speed: 10.68 km/h

Running performance: 5:07 min/km

Rank in course/Total: 65 (of 78)

Rank in course/Men: 59 (of 68)

Best time in course: 31:53

Rank in category: 6(of 6)

Best time in the category: 39:57

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:13	4:54	5	3:09	49	5:20	3.30	16:13	4:54	5	3:09	1	-
Rundenzeit	3.30	17:28	5:17	5	4:03	49	7:06	6.60	33:41	5:06	5	7:12	1	-
Finish	3.30	16:54	5:07	5	3:26	44	6:16	9.90	50:35	5:06	6	10:38	59	18:42