



# 9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

## Detailed evaluation

Zimmermann, Ines

Club: Nordhausen  
Number: 201

Course: 6.60 km  
2 Runden 6,6 km

Category:  
Seniorinnen W45

Total time: 34:48

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 30 (of 44)

Rank in course/Women: 2 (of 8)

Best time in course: 34:20

Rank in category: 1 (of 4)

Best time in the category: 34:48

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	16:37	5:02	1	-	1	-	3.30	16:37	5:02	3	-	6	-
Finish	3.30	18:11	5:30	1	-	3	0:31	6.60	34:48	5:16	1	-	2	0:28