



# 9. Nordhäuser Citylauf

Nordhausen / 15.09.2013

## Detailed evaluation

**Jacobi, Ingobert**

Club: LG Südharzläufer

Number: 302

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M70

Total time: 56:32

Speed: 9.55 km/h

Running performance: 5:43 min/km

Rank in course/Total: 73 (of 78)

Rank in course/Men: 64 (of 68)

Best time in course: 31:53

Rank in category: 1(of 1)

Best time in the category: 56:32

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	18:33	5:37	1	-	53	7:40	3.30	18:33	5:37	1	-	26	2:20	
Rundenzeit	3.30	19:00	5:45	1	-	52	8:38	6.60	37:33	5:41	1	-	26	3:52	
Finish	3.30	18:59	5:45	1	-	52	8:21	9.90	56:32	5:42	1	-	64	24:39	