



9. Nordhäuser Citylauf  
 Nordhausen / 15.09.2013

Detailed evaluation

Friedrich, Rick

Total time: 44:36

Number: 342

Speed: 12.11 km/h

Running performance: 4:31 min/km

Course: 9.90 km

Rank in course/Total: 44 (of 78)

3 Runden 9,9 km

Rank in course/Men: 42 (of 68)

Best time in course: 31:53

Category:

Rank in category: 9(of 16)

Männer

Best time in the category: 31:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-
Rundenzeit	3.30	fehlt!	-	-	-	-	-	6.60	-	-	-	-	-	-
Finish	3.30	44:36	13:30	15	33:58	63	33:58	9.90	44:36	4:30	9	12:43	42	12:43