



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Linsel, Sören

Club: Friedrichsthal
Number: 311

Course: 9.90 km
3 Runden 9,9 km

Category:
Männer

Total time: 39:10

Speed: 15.17 km/h
Running performance: 3:58 min/km

Rank in course/Total: 14 (of 78)

Rank in course/Men: 14 (of 68)

Best time in course: 31:53

Rank in category: 5(of 16)

Best time in the category: 31:53

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 3.30 | - | - | - | - | - | - |
| Rundenzeit | 3.30 | fehlt! | - | - | - | - | - | 6.60 | - | - | - | - | - | - |
| Finish | 3.30 | 39:10 | 11:52 | 14 | 28:32 | 57 | 28:32 | 9.90 | 39:10 | 3:57 | 5 | 7:17 | 14 | 7:17 |