



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Gropp, Manfred

Total time: 36:21

Number: 224

Speed: 10.89 km/h

Running performance: 5:31 min/km

Course: 6.60 km

Rank in course/Total: 37 (of 44)

2 Runden 6,6 km

Rank in course/Men: 31 (of 36)

Best time in course: 21:12

Category:

Rank in category: 2(of 2)

Senioren M65

Best time in the category: 35:01

Intermediate times

Stage score

Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |   |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---|
|            |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |   |
| Rundenzeit | 3.30        | fehlt!        | -               | -           | -              | -           | -             | 3.30          | -             | -               | -           | -              | -          | -             | - |
| Finish     | 3.30        | 36:21         | 11:00           | 2           | 18:37          | 34          | 26:03         | 6.60          | 36:21         | 5:30            | 2           | 1:20           | 31         | 15:09         |   |