



9. Nordhäuser Citylauf  
Nordhausen / 15.09.2013

Detailed evaluation

Körber, Ines

Number: 189

Course: 1.00 km  
Jedermannlauf

Category:  
Seniorinnen W30

Total time: 7:49

Speed: 7.68 km/h

Running performance: 7:49 min/km

Rank in course/Total: 76 (of 99)

Rank in course/Women: 41 (of 49)

Best time in course: 4:44

Rank in category: 1(of 1)

Best time in the category: 7:49