



9. Nordhäuser Citylauf
Nordhausen / 15.09.2013

Detailed evaluation

Pasternok, Max

Number: 88

Course: 1.00 km
Jedermannlauf

Category:
männliche Kinder U8 (6 und 7 Jahre)

Total time: 7:46

Speed: 7.73 km/h

Running performance: 7:46 min/km

Rank in course/Total: 73 (of 99)

Rank in course/Men: 33 (of 50)

Best time in course: 4:11

Rank in category: 4(of 5)

Best time in the category: 5:48