



10. Deisterberglauf  
Barsinghausen / 15.09.2013

Detailed evaluation

Schürmann-Brüder

Club: Schürmann-Brüder  
Number: 1000

Course: 9.70 km  
Schülerstaffel 5 x 2 km

Category:  
Schülerstaffel

Total time: 1:00:04

Speed: 8.99 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 4 (of 4)

Rank in course/Total: 4 (of 4)

Best time in course: 38:35

Rank in category: 4(of 4)

Best time in the category: 38:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Lap 1	3.30	24:32	7:26	4	9:24	4	9:24	3.30	24:32	7:26	4	9:24	4	9:24
Lap 2	1.70	11:24	6:42	4	4:03	4	4:03	5.00	35:56	7:11	4	13:27	4	13:27
Lap 3	2.10	10:41	5:05	4	3:15	4	3:15	7.10	46:37	6:33	4	16:42	4	16:42
Last lap Finish	2.60	13:27	5:10	4	4:47	4	4:47	9.70	1:00:04	6:11	4	21:29	4	21:29