



# 10. Deisterberglauf

Barsinghausen / 15.09.2013

## Detailed evaluation

**Reichert, Florian**

Club: TSV Kirchdorf / Arcteryx  
Number: 622

Course: 20.80 km  
Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

**Total time: 1:18:02**

Speed: 15.38 km/h  
Running performance: 3:45 min/km

Rank in course/Total: 1 (of 110)

Rank in course/Men: 1 (of 92)

Best time in course: 1:18:02

Rank in category: 1(of 14)

Best time in the category: 1:18:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	12:34	3:48	1	-	1	-	3.30	12:34	3:48	1	-	68	
Lap 2	1.70	7:06	4:10	1	-	1	-	5.00	19:40	3:56	1	-	82	
Lap 3	2.10	6:56	3:18	3	0:04	3	0:04	7.10	26:36	3:44	1	-	67	
Lap 4	4.95	20:10	4:04	1	-	1	-	12.05	46:46	3:52	1	-	65	
Lap 5	3.65	12:50	3:30	2	0:01	2	0:01	15.70	59:36	3:47	1	-	23	
Lap 6	1.40	4:18	3:04	1	-	1	-	17.10	1:03:54	3:44	1	-	47	
Last lap Finish	3.70	14:08	3:49	1	-	2	3:23	20.80	1:18:02	3:45	1	-	1	-