



10. Deisterberglauf
Barsinghausen / 15.09.2013

Detailed evaluation

Walther, Clemens

Number: 629

Course: 20.80 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:31:28

Speed: 13.12 km/h
Running performance: 4:24 min/km

Rank in course/Total: 9 (of 110)

Rank in course/Men: 9 (of 92)

Best time in course: 1:18:02

Rank in category: 1(of 17)

Best time in the category: 1:31:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	14:03	4:15	1	-	8	1:29	3.30	14:03	4:15	10	-	62	-
Lap 2	1.70	7:56	4:40	1	-	6	0:50	5.00	21:59	4:23	10	-	62	-
Lap 3	2.10	7:41	3:39	2	0:10	11	0:49	7.10	29:40	4:10	10	-	61	-
Lap 4	4.95	22:22	4:31	1	-	6	2:12	12.05	52:02	4:19	14	-	84	-
Lap 5	3.65	15:06	4:08	1	-	9	2:17	15.70	1:07:08	4:16	10	-	62	-
Lap 6	1.40	5:31	3:56	2	0:07	13	1:13	17.10	1:12:39	4:14	10	-	61	-
Last lap Finish	3.70	18:49	5:05	1	-	14	8:04	20.80	1:31:28	4:23	1	-	9	13:26